

MARRIAGE



one flesh, given and received

Natural Family Planning

...supporting God's gifts of love and life in marriage

Prayer for Husbands and Wives to Embrace God's Plan for Married Love and the Gift of Life

*Readings from the Books of
Genesis and Ephesians:*

God created mankind in His image;
in the image of God, He created them;
male and female He created them.
God blessed them and God said to them:
Be fertile and multiply;
fill the earth and subdue it.

(Genesis 1:27-28)

For this reason, a man shall leave
[his] father and [his] mother
and be joined to his wife,
and the two shall become one flesh.

This is a great mystery,
but I speak in reference to Christ
and the Church.

(Ephesians 5: 31-33)

Let us pray,

Lord God,

Send forth your Holy Spirit to open
the minds and hearts of your children,
so that they may discover your
gifts of marriage and family.

Grant, we pray,
that they may reject
all falsehood.

Strengthen married couples so that
they may fulfill their mission to
reveal your spousal love in the world
and to steward the gift of life.

Heal any brokenness in them and
help them to reject all that harms
fidelity and fruitfulness.

Bestow your grace upon husbands and wives
that they may be open to life and be
transformed by your divine love.

We ask this through Christ our Lord.

Amen.



Prayer, Theresa Notare, based on Gaudium et spes, 49. ©2023 United States Conference of Catholic Bishops, Washington, DC. All rights reserved. Questions, NFP Program, 1-202-541-3240; email, nfp@usccb.org. Made possible by a grant from the Knights of Columbus. Photo: Getty Images. The persons depicted as models in the photo are used for illustrative purposes only. Publication number #23NFP1